

Announcements

All are welcome to **Sunday Brunch** in the basement following holy mass.

Today's Mass: Mass XI & Credo VI

Fasting and abstinence: In the new Code of Canon Law, USCCB usage, days fasting and complete abstinence are limited to Ash Wednesday and Good Friday; and all Fridays of Lent are days of abstinence. Abstinence (not eating meat products) applies to those over the age of 14; fasting (eating one full meal and two other meals not to equal a full meal) is obligatory for those between the ages of 18 and 59, inclusive.

Christ has suffered and died for me. What have I done for Christ? What am I doing for Christ? What will I do for Christ? St. Ignatius of Loyola, SJ

Why should I mortify myself?

1. To make satisfaction for my sins.
2. To overcome my faults and sins.
3. To draw down blessings on my loved ones.
4. To assist the souls in purgatory.
5. To conquer myself.
6. To gain strength against temptations.
7. To obtain the conversion of sinners.
8. To procure graces for my special intentions.
9. To give good example.
10. To conform myself to Christ; and, having suffered with Him, be glorified by Him.

Suggestions for mortifications:

1. I will rise from bed immediately at the first call or alarm.
2. At meals, I will accept what is served without complaint or fussiness.
3. At times, I will refrain from saying some unnecessary thing I wish to say.
4. I will force myself to smile and be cheerful when I feel irritated or depressed.
5. I will not look around in church to see what others are doing.
6. I will mortify my curiosity by not trying to know the latest news that does not concern me.
7. I will not complain of little discomforts and inconveniences, and even at times, seek them out.
8. Whenever it is possible, I will do the will of others instead of my own.
9. I will be especially kind and friendly to that person who annoys me the most.
10. I will say a little prayer and lift my mind to God each time the clock strikes the hour.
11. I will say, "Thank you God," whenever something happens contrary to my will.
12. When possible, I will wait awhile before doing something I am most eager to do.
13. I will discontinue, without delay, any pleasurable occupations if duty, obedience, or charity calls me elsewhere.
14. Whenever I awake at night, I will raise my heart to God.
15. I will not excuse myself when blamed.

Immaculate Conception Church

(922 Fifth St., Rapid City, SD)

St. Michael's Latin Mass Community



Roman Catholic Diocese of Rapid City

February 14, 2010

Quinquagesima Sunday

St. Michael's Latin Mass Community

an Apostolate of the Priestly Fraternity of Saint Peter
under the Authority of the Roman Catholic Diocese of Rapid City

Rectory and mailing address

Fr. Chris Hathaway, Fssp
522 Columbus St.
Rapid City, SD 57701

phone: (605) 341-1578
cell: (605) 415-1964
fax: (605) 341-8751
email: frhathaway@juno.com

Monday – Saturday Schedule

7:30-7:55 a.m. Confessions
8:00 a.m. Low Mass
(5:30 p.m. Low Mass on First Fridays
and Fridays of Lent)

Sunday Schedule

9:00 – 9:55 am Confessions
10:00 am High Mass

At St. Michael's LMC

Every day ~ the Holy Rosary before daily mass.

Sunday Vespers ~ 4:00 pm at ICC

Wednesday Holy Hour ~ 7:00 to 7:55 am

Wednesday Choir Practice ~ 3:00 to 5:00 pm at ICC; if interested,
call Stefanie at 718-0128

Wednesday Class ~ 7:00 to 8:00 pm at ICC. Topic: St. Mary the Virgin by Rene-Marie De La Broise. This is the eleventh class of the series.

Added devotions for Lent:

Wednesday Mass ~ 6:00 am

Friday Holy Hour ~ 7:00 to 7:55 am

Stations of the Cross: after the 8:00 am Friday & Sunday Masses.

Liturgical Calendar for the Upcoming Week

DATE	FEAST	CLASS	COLOR	COMMEMORATION
Sun 02-14	Quinquagesima Sunday	2	V	
Mon 02-15	Feria	4	V	Ss. Faustinus & Jovita
Tues 02-16	Feria	4	V	
Wed 02-17	Ash Wednesday	1	V	
Thu 02-18	Thursday after Ash Wed.	3	V	St. Simeon
Fri 02-19	Friday after Ash Wed.	3	V	
Sat 02-20	Saturday after Ash Wed.	3	V	
Sun 02-21	First Sunday of Lent	1	V	

Mass Intentions for the Upcoming Week

Sun 02-14 Our Families
Mon 02-15 David L. Steele †
Tues 02-16 Fr Hathaway rb M. Gaffney
Wed 02-17 Agnes & John Cortney (6:00 am) rb P. Bowlby
Pro populo (8:00 am)
Thurs 02-18 Jeff & Mary Rolquin rb C. Schirber
Fri 02-19 Patrick Peterson † (8:00 am) rb P. Bowlby
St. Michael's Sunday Bruch staff (5:30 pm)
Sat 02-20 Carol, Peter, & Andrew Schirber
Sun 02-21 Oh suk ja () rb Sung

ON THE GOSPEL

And they... rebuked him, that he should hold his peace.

The crowd clamors, that the blind man shall not cry out. There are not a few Christians who seek to hinder us from living as Christians: like the crowd that walked with Christ, and hindered the man crying out to Christ, and hungering for the light from the kindness of Christ. There are such Christians: but let us overcome them, and live in virtue: and our life shall be the voice of our cry to Christ. He will stand; because He stands. For here is a great mystery. He was passing by when this man began to cry out: when He healed him He stood still. Let Christ's passing by prepare us to cry out. What is Christ's passing by? His life on earth; now, He sits at the right hand of the Father, standing still.

~ St. Augustine of Hippo, Bishop and Doctor; 354-430.

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