



**CATHEDRAL OF OUR LADY OF
PERPETUAL HELP
ST. MICHAEL PARISH, HERMOSA
www.cathedralolph.org**

**Most Rev. Blase Cupich
Bishop of Rapid City**

**520 Cathedral Dr.
Rapid City, SD 57701
605-342-0507**

Rector

Fr. Michel Mulloy (michel@cathedralolph.org)

Permanent Deacons

Rev. Mr. Raul D. Daniel
Rev. Mr. Greg Palmer
Rev. Mr. Marlon Leneagh
Rev. Mr. George Gladfelter (Retired)
Rev. Mr. Tom Lane (Retired)

Associate Pastors

Fr. John Lule
Fr. Ed Vanorny, Hospital Chaplain
Fr. Tyler Dennis
Fr. Christopher Hathaway, F.S.S.P.,
Ministry to St. Michael Community at ICC

In Residence

Fr. Steve Biegler, School Chaplain

August 2, 2009

As you read this cover, I am in Denver for a combination of work and vacation. The vacation is visiting my niece and nephew and their families. The work I am doing is raising money for the Newman Center.

As you know, the Cathedral Parish ministers to the college students from SDSM&T as well as the other institutions of higher learning in our parish. We have done this for many years beginning before 1960. From 1974 until recently, we had a house on Quincy St. and East Boulevard that was the focus of the Newman ministry. Mass was held in the “garage” chapel and the house was a gathering place for the students. It also served as a residence for the Newman Center Director. However, through the years it was also the home of various other ministers who worked at the church or in the diocese in a variety of ministries. Prior to 1974, Mass for the college students was celebrated at the Surbeck Center, the student union building on campus. There were social gatherings in the basement of the old Cathedral. Since 2005 we are once again celebrating Mass in the Surbeck Center and trying to have other kinds of formational and social gatherings at the Cathedral and other places. This present arrangement for the Newman ministry is less than ideal and at times frustrating. Father Steve Biegler and Nancy Haugen do a wonderful job reaching out to the students but there are several obstacles to overcome.

Most importantly there is no sacred place for the students at SDSM&T to call their own. Having Mass in a conference room is all right now and again and can even be perceived as novel or interesting from time to time. However, to use such a setting week after week leaves much to be desired. The students themselves long for a holy place in which to pray. Although some students come to the Cathedral and other local parishes, this is not always an option for those without

transportation. In addition, the students can easily get lost in the large crowd, especially since many come from much smaller parishes. Also they are not associating with their own peers at a time in their lives when peer relationships are very important.

In addition to the lack of a sacred place to celebrate the Eucharist, there is the necessity of setting up the conference room for Mass every Sunday evening. Since there is no storage available on the campus, the furnishings, art work and supplies have to be stored in students’ rooms or transported from the Cathedral. This is difficult for the staff and students to accomplish each week even though they do this task willingly. Furthermore, following Mass on Sunday night the students share a meal together. The food has to be prepared and transported to Surbeck Center. Don and Lorraine Martinez from Blessed Sacrament perform this ministry but again it is difficult at best.

Equally important as the lack of a sacred space and the inconvenience of setting up that space, is the lack of a focal gathering place for the students. They desire a place away from the demands of their academic life to relax a bit and explore their own faith practice and beliefs. They are at a point of discernment and setting the course for their adult working life. They have questions and many seek answers to those questions. Again, although Father Steve and Nancy willingly provide these opportunities, without a place to call “home” and a consistent development of these types of opportunities, doing this ministry with and for the college students is difficult.

For these reasons we are attempting to raise money among the Catholic alumni of SDSM&T to build a new Newman Center. That is the work I am doing in Denver. Next week we will explore this topic a little further and share with you the progress of this dream.

SUNDAY, AUGUST 2, 2009 - THE EIGHTEENTH SUNDAY IN ORDINARY TIME

MASS INTENTIONS THIS WEEK

Hermosa is at St. Michael's Church in Hermosa which is a mission parish for the Cathedral. Mass in the extraordinary form - Immaculate Conception Chapel Monday - Saturday 8:00 AM and Sunday at 10:00 AM.

+ Indicates deceased

Monday (8/3) Weekday

7:00 AM Sandy Cooke+
3:30 PM (Golden Living Center)
5:30 PM No Mass

Tuesday (8/4) St. John Mary Vianney

7:00 AM Regina Palmer
5:30 PM Edna Mihelish+

Wednesday (8/5) Dedication of the Basilica of St. Mary Major in Rome

7:00 AM Mary A. Multhauf
5:30 PM Penny Rudolph

Thursday (8/6) TRANSFIGURATION OF THE LORD

7:00 AM Retired priests of our diocese during the Year for Priests
3:30 PM (Morningstar)
5:30 PM Joseph H. Rockwell+

Friday (8/7) Pope Sixtus II, martyr and his companions

7:00 AM Don and Ellen Schmitz+
5:30 PM Becca and Tony Wasserburger+

Saturday (8/8) St. Dominic

8:00 AM Joe Engelmeyer+
5:30 PM David L. Herman+

Sunday (8/9) Nineteenth Sunday in Ordinary Time

8:00 AM Louis Tippman+
8:00 AM (Hermosa)
10:30 AM People of the Parish
5:30 PM Ed. Hausmann+

PLEASE PRAY FOR THE SICK

Names will remain on our list for *One Month*. Please contact the rectory to request continued prayers 342-0507.

Please remember the sick of the Cathedral Parish, especially Ed Vifquain, Raymond Tognotti, Sr. Jean Marie Tognotti, Mitch Linster, Fr. Ed Vanorny, Ludwick Garbacz, Clare Madden, Marion Goergen, Mary Burdsal, Charles Burdsal, Susan Oleson, Joseph Engelhardt, Sr., Joan Stahnke, Helga Kerr, Ray Winters, Kyle Oberlander, David Rykhus, Florence Williams, Fr. Ed Murray, Peggy Steengaard, Shirley Laws, Marion Elston, Jack Elston, Alice Bradford, Dell Hellekson, James Parker, Joseph Verret, Lou Roth, Lynda Grass, Paul Remund, Regina Palmer, Lillian Venoy Dyer, Clifton (Sam) Nelson, Ed Hellman and Ethel Haverman.

PLEASE PRAY FOR THE DECEASED.

THE PARISH THIS WEEK

Main Cathedral (MC), Our Lady's Chapel (OLC), Adoration Chapel (AC), Choir Loft (CL), Cathedral Hall (CH), Cathedral Hall Classroom (CHC), Large Meeting Room (LMR), Lower Sacristy (LS), St. Thomas More High School (STM), St. Elizabeth Seton School (SES).

Sunday, August 2

Coffee & Rolls—9:00 AM (CH)
Divine Mercy Chaplet & Rosary—3:00 PM (OLC)

Monday, August 3

Men's Group—6:30 PM (LS)
No 5:30 PM Mass

Tuesday, August 4

Knights of Columbus—6:30 PM—Columbian Club (CH); 7:00 PM—Regular Business Meeting (CH)

Wednesday, August 5

Holy Hour and Exposition—7:00-8:00 AM (ICC)
Staff Prayer—8:00 AM (OLC)
Reconciliation—12:00-1:00 PM, 4:30-5:30 PM (MC)
Adult Education Class—7:00-8:00 PM (ICC)

Thursday, August 6

KC Card Party—9:00AM (LS)
NAMI Family to Family Program—6:30 PM (LMR)

Friday, August 7

First Friday/Blue Army Devotions—following 5:30 PM Mass (OLC)

Saturday, August 8

Mass/Adoration—8:00-9:30 AM (OLC)
Ministry of Comfort—9:00 AM (LS)
Reconciliation—3:00-4:00 PM

Sunday, August 9

Coffee & Rolls—9:00 AM (CH)
Divine Mercy Chaplet & Rosary—3:00 PM (OLC)
Steubenville Reunion—6:30 PM (CH)

WEEKLY READINGS:

MONDAY	Nm 11:4b-15 Mt 14:13-21
TUESDAY	Nm 12:1-13 Mt 14:22-36
WEDNESDAY	Nm 13:1-2,25-14:1,26-29a,34-35 Mt 15:21-28
THURSDAY	Dn 7:9-10,13-14 Mk 9:2-10
FRIDAY	Dt 4:32-40 Mt 16:24-28
SATURDAY	Dt 6:4-13 Mt 17:14-20
SUNDAY	1 Kgs 19:4-8 Eph 4:30-5:2 Jn 6:41-51

PLEASE PRAY FOR THOSE IN THE MILITARY

If you have a family member who is currently serving overseas and you would like to have that person's name listed on a prayer list in the bulletin, please call Sue at 342-0507.

Sr. Amn Jeremy Garrow, AIC Kyrissa Sandal, Amn Michael Burke, Captain R.J. Murphy, SSgt. Tim Jensen, USN Lt. Shaun Steinbarger, SCPO Richard Huebner, CW4 Robert Anthony Schuler, Lt. Col. Glen Chadwick, PFC Julius Lacey, SSgt. Shannon Lacey, Lt. Matt Walenta, Major Angela Beck, Lt. Col. James White, Sgt. IC Christopher Goodart, AIC Allen Fanter, SPC Rodney Schlechter, SPC Kevin Stone, Andy Martinmaas, Pvt. Matt Vedder, Chief MSgt. Larry Osborne, Capt. Martin R. Yost, Angelo Schiraldi, PSC Tristin Murphy and Capt. Jason Wagner.

Biblical reason for wanting to spend one hour with Jesus in the Blessed Sacrament



"Where your treasure is, there is your heart..." "Could you not watch one hour with Me?" (Mt 6:21;26:40)

PARISH NEWS

PERPETUAL HELP COLLECTION

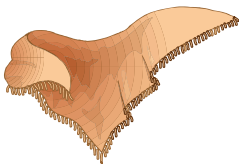
School Supplies

During August, we will be collecting school supplies for the 13th Annual School Supply Drive sponsored by the Black Hills Federal Credit Union. The road to success can begin with pencils and paper, a box of Crayons and a pair of scissors. However, for many students in our community these basic supplies are simply too expensive. Your donations of crayons, glue sticks, markers, 3-ring binders, scissors, backpacks etc. will make a significant impact on the lives of students in need. Collection bins are by each entrance.

Socks, Socks and More Socks!

Once again members of the Cathedral Parish have shown their generosity in a BIG way. 384 pairs of no-show socks were donated for the Love INC Clothe-A-Kid project. Those working on this project expressed their great appreciation for this wonderful blessing. Thank you!

BLESSING OF PRAYER SHAWLS



More than 50 shawls created by members of our Shawl Ministry will be blessed at 5:30 pm Mass on Saturday, August 8.

Shawls are given to persons who are in need of God's loving, healing presence such as persons who are chronically or

terminally ill, who are lonely or grieving, for other needs, and to persons of all religious denominations. As they knit or crochet, the shawl makers pray for the person who will receive the shawl.

Following Mass, visit the tables at the entrances to see the beautiful shawls of all patterns and colors. Pick up information about the Shawl Ministry and visit with the shawl makers.

In several weeks the bulletin will have information about how you can choose a prayer shawl for a loved one. For more information contact LaVae at 718-9461

PRAYER FOR PRIESTS

Dear Lord,
we pray that the Blessed Mother wrap her mantle around your priests and through her intercession strengthen them for their ministry. We pray that Mary will guide your priests to follow her own words, "Do whatever He tells you" (Jn 2:5). May your priests have the heart of St. Joseph, Mary's most chaste spouse. May the Blessed Mother's own pierced heart inspire them to embrace all who suffer at the foot of the cross. May your priests be holy, filled with the fire of your love seeking nothing but your greater glory and the salvation of souls. Amen.

Saint John Vianney, pray for us.

CHANGE IN SUNDAY MASS TIME AT ST. MICHAEL'S PARISH, HERMOSA

Beginning Sunday, September 13, St. Michael's Parish, Hermosa will have Sunday Mass at 9:00 AM (not 8:00 AM).

ANNUAL CHURCH HALL KITCHEN CLEANING

We will be having our annual cleaning on Friday, August 21, and Saturday, August 22 beginning at 9 AM until noon. Please stop by during this time and give us a hand. There will be a job for everyone—even the kids!! We will be cleaning the kitchen and pantry. We will also be washing all the tables and chairs.

RCIA

Not Catholic? Interested in finding out more about the Catholic Church?

If you are not Catholic but would like to know more about the Church, or even consider joining the Catholic Church, please join us for our RCIA (Rite of Christian Initiation of Adults) classes on Thursdays, beginning September 10, from 7:00—8:30pm, downstairs in the Church Hall. If you know someone who is not Catholic but may be interested, please invite and bring them on Thursday night. If you are interested but cannot be there, or if you would like more information, please contact Nancy at 342-0507.

INFORMATION

LIFENIGHT
CATHEDRALOLPHSM

the edge
cathedral middle school ministry

Cathedral of Our Lady of Perpetual Help
Generations of Faith

CORE TEAMS

We are finalizing the 2009-2010 Core Teams. If you are still interested in serving as a Core Team member, please contact Tom at 342-0507 or tom@cathedralolph.org and he will be happy to talk with you about being part of this important ministry. Please pray for our youth programs and if God is calling you to serve the youth of our parish as a core team member.

Cathedral Life Teen is looking for persons who love to witness.

Reserve Do you like making reservations, decorating parties or using creative energy to set up an environment with sets, things built or parts assembled?

Music Do you play an instrument or sing? Ever wanted to use those talents for praise, liturgy or playing for fun and interest?

Kitchen Is it fun for you to cook, serve food or do dishes in the kitchen?

Drivers Go for long road trips or drive down the favorite streets in the town for hours?

Drama Are your talents in the field of acting, performing or trying to interpret drama to others?

Gifts Do you enjoy giving gifts to others?

Technology Are you handy with setting up technology, working around media, projectors, computers or laptops and with sound set up?

Games Do you like playing, running or watching games?

Babysitting Are you passionate for children and watching them if needed?

If you possess talents in these areas, wanting to go behind the scenes and be a witness, please join us on the Logistics Team.

To contact Tom call 342-0507 ext 20 or tom@cathedralolph.org

CORE TEAM

The Generations of Faith (GOF)

Core Team is a group of volunteers who plan the events for our intergenerational formation events. Our formation topic for this year will be **social justice**. We will plan interactive break-out sessions for age specific teaching opportunities. We will need teachers for the preschool, grade school, middle school, high school, young adult, and adult break-out sessions. If you feel called to help with the Generations of Faith please give Linda a call at 342-0507 ext 29 or linda@cathedralolph.org.

Ministry Fair

The Ministry Fair is scheduled for August 29 & 30 after every Mass. This will be a great opportunity for you to volunteer to help with all of the formation events.

If you will not be at Cathedral for Mass that weekend, please give us a call to volunteer at 342-0507.

Linda for Generations of Faith (all ages)

Tom for the EDGE (6-8 grade)

Tom for Life Night (9-12 grade)

Nancy for RCIA & RCIC and the Newman Center

Linda for 1st Holy Communion

Father Mike for Confirmation



Rapid City Catholic Newman Center

National Focus Conference Fundraising

The SDSMT Newman Center would like to extend a huge **Thank You** to all who bought a Walking Taco, Pancakes or Donated to the Newman Center last weekend. We will continue to have fundraising opportunities this fall so keep an eye out for us and Thank You again for your support.

If you missed us last weekend and would like to donate to help offset expenses for the college students to attend the National Focus Conference in December contact Nancy at nancy@cathedralolph.org or 342-0507 ext 28

CATHEDRAL YOUNG ADULT GROUP

Monday, August 3-5:30 PM Mass and dinner at McDonalds
Monday, August 17-5:30 PM Mass and BBQ at Chelsea's
Monday, September 7—5:30 PM Mass and dinner at Casa Real
For more info: cathedralyoungadultgroup@yahoo.com



EXPOSITION AND BENEDICTION

Wednesday Holy Hour with Exposition and Benediction
7:00 AM to 7:55 AM at Immaculate Conception Church.
Sponsored by St. Michael's Community.

CHOIR CHAIRS TO BE PURCHASED

This fall Cathedral's adult choir, Oremus, will be moving from the choir loft to the sanctuary. In addition Cathedral's new youth choir will sing from the sanctuary. Moving the choirs to the sanctuary will allow them to be closer to and a part of the community gathered. The Cathedral will be removing the existing large choir pews and replacing them with 30 smaller choir chairs that allow for more seating in the space allotted. The new choir chairs with kneelers will cost approximately \$275 each. If you would like to purchase a chair in memory or in honor of a family member or friend, please contact Beth Strain, Parish Administrator at the Rectory office, 342-0507, beth@cathedralolph.org. We will affix an engraved nameplate to each chair that is purchased by a donor.

NOTES FROM THE MUSIC DIRECTOR

ACCOMPANIST SUBSTITUTES NEEDED!

Are you a pianist or organist? Would you like to help lead the community in prayer? Cathedral is looking for accompanists who would be willing to serve as substitutes. If you have excellent sight-reading skills, would be willing to serve when called upon, and feel called to this ministry, please contact Katie Severns at 342-0507 or katie@cathedralolph.org for more information.



OREMUS SINGERS – STARTING IN SEPTEMBER (NEW MEMBERS WELCOME!)

Cathedral's adult choir, Oremus, will be starting up again in September. They will be singing at the 10:30 AM Masses. The first rehearsal is set for Wednesday, September 9, at 6:30PM. New members are always welcome! Watch the bulletin in August for more details.

ATTENTION CATHEDRAL YOUTH!

This September Cathedral will be starting a youth choir! Watch the bulletin for more details in August!

BREAKING BREAD HYMNALS

This is a reminder to please watch young children closely if they are handling the hymnals. The pages of these books are very lightweight and tear easily. If a page is accidentally torn, please bring the book to the sacristy after mass so that it may be repaired. Thank you for your cooperation!

WEEKLY PARISH SUPPORT

July 26, 2009

Regular Sunday Collection	\$	13,129.47
Special Collection		<u>1,210.70</u>
	\$	<u>14,340.17</u>
Total Seminary Fund FY 2010:	\$	2,153.70

Thank you for your generosity!

Stewardship Committee

Ministry Fair (coming August 29-30)

Our parish has countless opportunities for us to "give back", "volunteer", "reach out" and "minister to one another". Commitments can be as varied as your life. There is truly something for everyone. The Ministry Fair will provide information about all the opportunities from committees to candle keepers as well as all the contacts to get you started. There will be fun for the kids and great door prizes as well!

This week's ministry highlight:

Meal Ministry

You have an opportunity to be a great blessing to a person or family by stepping in to provide a meal to someone who is perhaps just out of the hospital or otherwise temporarily indisposed. The office of Parish Nurse has the information as to who needs the meal and when. Marge Kovarik and Jean Drummond coordinate the volunteers.

What is involved: Provide an occasional meal to those in need.
When: Throughout the year as the need arises and when you are able to prepare it.
Talent needed: Ability to provide the food for a meal, prepare it, and deliver it if possible.
Sign-up: At the ministry fair or contact Marge Kovarik at 342-1137 or Jean Drummond at 348-5411

CATHEDRAL PRE-BAPTISM CLASSES

All parishioners who are seeking Baptism for their children are reminded they need to attend a Pre-Baptism Class which is held once a month. The next class is scheduled for Sunday, August 30, 2009.

If parents have attended this class within the last three years and have manifested in their lives through the practice of their faith, an understanding of the promises they make in Baptism, they will not need to repeat the class. If this is the case, please call Fr. Mike at 342-0507.

Other parents are asked to call the rectory and indicate which month's class they wish to attend. If parents are not registered in the parish, they will be asked to meet with Fr. Mike first to register and go over the outline of the Baptismal preparation program.

DIOCESAN NEWS

SISTERS ON THE MOVE

If you would like to help the Benedictine Sisters move into their new monastery, please call Sister Edna Marie at 343-8011 to reserve a day and time. Pick a date from August 3-21, no Sundays. Pick a time between 9:00-11:00 a.m., 1:00-3:00 p.m., or 6:00-8:00 p.m. Bring a truck or van or car and celebrate with the Sisters!!! There is a LOT to move!!

LIFE TEEN CORE MEMBER UNIVERSITY TRAINING TEAM BUILDING AND SPIRITUAL RENEWAL

September 12th, Ft. Pierre. For Priests, Religious, DRE's, CCD Teachers, Youth Ministers. National Life Teen staff leads an inspirational day focusing on building a strong team! The day features keynotes and breakout seminars that help CORE focus on leading the teens in the parishes closer to Christ. Additional focus is on strengthening and renewing their relationship with Christ. Contact person: Lisa Fahey at 224-8969.

ANNUAL DIOCESAN WOMEN'S RETREAT

Ladies, mark your calendar! Annual Diocesan Women's Retreat, October 23-25, 2009! Join Fr. Mark McCormick for this year's retreat, "*BIBLICAL WOMEN - GUIDES TO THE KINGDOM OF GOD*" at Outlaw Ranch, Custer. Watch your bulletin for more information or call Family Life Ministries, 605-343-3541.

CHRISTIAN FAMILY PLANNING SEMINAR

The next Christian Family Planning Seminar will be offered by the Natural Family Planning Ministry on Saturday, August 22nd at St. John the Baptist Church in Custer. *This seminar is a requirement for engaged couples getting married in the Diocese of Rapid City.* Married couples, or anyone who wants to learn more about Natural Family Planning, are encouraged to attend. For more information, or to register, call Jill or Kathy at Family Life Ministries at 605.343.3541.

MARRIED COUPLES NEEDED

Looking for a unique way to serve the diocese? Family Life Ministries is recruiting married couples to serve in the Natural Family Planning Ministry. Join a team of volunteers who assist with the Christian Family Planning Seminars for couples planning to marry in our diocese. For more information, contact Jill at Family Life Ministries at 605-343-3541 or jslegner@dioc.org.

BEGINNING EXPERIENCE® LEVEL 1 SEPARATED & DIVORCED SUPPORT GROUP, "ENCOUNTERING LIFE ALONE"

Are you recently separated or divorced? Are you struggling with the pain and loneliness? Healing can begin with the next the nine-week session of the support group. The group starts at 7:00 p.m. on Thursday, September 10th at St. Therese the Little Flower Church in Rapid City. The group is non-denominational and open to all Christian men and women who are hurting due to separation or divorce. Pre-registration is requested! Registration fee is \$25.00; need-based scholarships available. For more information and to pre-register, call Jill at Family Life Ministries, 605-343-3541.

"HEAL YOUR GRIEF" BEREAVEMENT SUPPORT GROUP

This is an eight-week non-denominational support group for anyone grieving the loss of a loved one. The group begins at 7:00 p.m. on Monday, September 28th at Blessed Sacrament Church, 4500 Jackson Blvd., Rapid City. Please come early to register! For information or to pre-register call Janece Rieman, 605-343-5547 or Family Life Ministries, 605-343-3541.

VOCATIONS! CONSIDER IT!!!

PRAYER TO KNOW MY VOCATION

My Lord and my God, you are Love itself, the source of all love and goodness. Out of love you created me to know you, to love you, and to serve you in a unique way, as no one else can. I believe that you have a plan for my life, that you have a mission in your Kingdom reserved for me alone. Your plan and your mission are far better than any other I might choose: they will glorify you, fulfill the desires of my heart, and bring salvation to those souls who are depending on my generous response.

Lord grant me the light of grace I need to see the next step in your plan; grant me the generosity necessary to follow your call; and grant me the courage required to take up my cross and to follow you.

Show me your will, O gentle and eternal God, and help me to say with Mary, "I am the servant of the Lord; let it be done to me according to your word." Let me say with Jesus, "Let not my will be done, but yours." Amen.

If we trust Jesus' promise to feed us and quench our thirst we can fearlessly give our lives in his service. Pray today for the men and women who will serve your local church as priests, brothers and sisters. (John 6:24-35)

OTHER PARISHES

BLESSED SACRAMENT—HOLY ELDERS

The Holy Elders Group will have their August meeting as a picnic at the old Storybook Island shelter on Thursday August 6th starting at 4:30 PM. All are asked to bring a dish to pass, chicken will be provided. Games will follow the picnic. Come and bring a friend or visitor.

CATHOLIC SCHOOL NEWS

RCCSS 2009-2010 REGISTRATION

There is still time to register for St. Elizabeth Seton and St. Thomas More for the 2009-10 school year. Please visit our website at www.rccss.net contact Marcia Werner 343-8484 x203.

CALLING ALL PRESCHOOLERS

In addition to our 4-year-old Preschool, St. Elizabeth Seton Preschool is starting a new program. We are offering a Tuesday/Thursday AM class for 3-year-olds. This class will be centered on socialization, with lots of fun built in. If you have questions or would like to schedule a tour please call Marcia Werner (343-8484 203) or Jana Thies (348-1477).

COMMUNITY NEWS



Are you interested in helping families in the community this summer and beyond? Habitat for Humanity needs your help in the following areas:

Landscaping/lawn care, Family Support counselors, Faith Relations Committee, crew leaders for September Hills Alive Habitat Home Team (construction experience a plus!) You can also help a Deserving Family Become Habitat Homeowners! **Become a Family Support Committee Member.** Members of the Committee are assigned in pairs to partner with Habitat families. With our families, the Committee Members monitor the progress of the homeownership process and provide support. If you are interested in any of the above ways to help Habitat for Humanity, please call Kate at 348-9196 or email: kate@blackhillshabitat.org

WELCOME HOME AND PERMANENT HOST HOME NEEDED FOR FOREIGN EXCHANGE STUDENT

Junghun Kim is a 15 year old Korean boy who has been accepted at St. Thomas More High School. He is very interested in history, culture and language. Junghun would like to learn as much about the American culture as possible. At the same time he sees himself as an ambassador for his country. He would love to share his culture through food like Kimchee or music, movies and books. He has traveled to several countries. His favorite sports are basketball and soccer. He is going to an excelled English course in California July 30 through August 8 and will be arriving in Rapid City on August 8. We are looking for a welcome home for him to stay in for his first two weeks here and also a permanent home for the school year.

If you are interested in hosting Junghun, please call Annette Meade, Local Coordinator, SD, CIEE International High School Exchange. 605-413-4603 or 913-731-1680 or email ammeade@rap.midco.net

FOOD SHARE AMERICA

Start saving money today with Food Share America. There are no preset requirements, qualifications, membership fees or monthly commitments to start saving money on quality food. Buy as much food each month as you wish. We offer a wide variety of frozen meats and vegetables, fresh produce and grocery items. Visit our website at www.foodshareamerica.com and check out our monthly menus. We accept cash, check, Food Stamp/EBT card or debit/credit card. By participating in Food Share America you not only help others but you save money and eat better.

The deadline for August orders is August 6. You can order by calling Catholic Social Services at 348-6086 or online at www.sharecolorado.com or www.foodshareamerica.com Volunteers are needed to help with distribution on Saturday, August 22, 6:30—9:00 AM, and every month, generally on the 4th Saturday of the month. Call Laura Geary at 343-3667 or Sheila Lien at 342-6290 if you can help.

BIRTHRIGHT IN NEED OF A REFRIGERATOR

Birthright is in need of a full size (around 16.5 cubic foot) self-defrosting refrigerator. If you have a refrigerator you are willing to donate, please call Birthright at 343-1732.

HEAD START

Youth & Family Services Rapid City Prenatal to Five Head Start is recruiting expectant families and families with children from birth to age four for enrollment in the upcoming school year. Head Start provides services at no charge to those who meet income guidelines. Please call 341-6448 or 342-4195 for more information.

Did You Know?

Where Do Your Kids Spend Their Time?

You can help keep your children safe by knowing where they spend their time. Get to know the adults who are present at the various locations in the community where your children gather and play together. Be wary of any adult who seems more interested in creating a relationship with a child than other adults. Pay attention when an adult singles out a child for special attention. For more information, go to the Safe Environment section on the home page of the diocesan Web site at www.rapidcitydiocese.org.



PLANNING A TRIP? DON'T FORGET MASS!

Remember, it is easy to check Mass times for the places you are visiting. For nationwide Mass times and locations, look on the internet at www.masstimes.org.